

 <p><b>Connecticut Valley Hospital Nursing Policy and Procedure</b></p>	<p><b>SECTION B: THE NURSING PROCESS CHAPTER 8: TRANSFER, ESCORT AND DISCHARGE</b></p> <p><b>POLICY AND PROCEDURE 8.3: PATIENT DISCHARGE</b></p>
<p>Authorization: Nursing Executive Committee</p>	<p>Date Effective: March 1, 2018 Scope: Connecticut Valley Hospital</p>

**Standard of Practice:**

The Registered Nurse in collaboration with the patient, interdisciplinary team, community care providers and significant others, develops an individualized discharge plan.

The Registered Nurse carries out the discharge procedures and ensures that the patient and family members have the appropriate information required upon discharge from the hospital.

**Standards of Care:**

The patient can expect to participate in discharge planning along with the interdisciplinary team, community care providers and significant others.

The patient can expect to leave the hospital with information about his illness, treatment, recovery interventions, medications, and who to contact in an emergency or crisis.

**Policy:**

The Registered Nurse shall participate with the interdisciplinary team in developing a discharge plan, which is initiated on admission and continues throughout the patient's hospitalization. Discharge planning shall include the patient, care provider and significant others.

Nursing staff shall support patient's involvement in discharge planning by assisting her/him in setting realistic goals and by supporting her/him in their attainment.

**Procedure:**

1. Provide education to the patient on the importance of participation in treatment. Strongly emphasize compliance with his/her person-centered aftercare plan and compliance with prescribed Medications and/or Other Instructions noted in Part II of CVH-2 or W-10 as appropriate.
2. Complete discharge note including patient and family education provided.